



A call to prayer in the time of a pandemic

This is a call to prayer, to be practiced every Tuesday at noon, in your time zone. (Use it daily, if you wish.)

Read: Romans 8:38-39

For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

Pray: follow each petition by naming specific individuals or needs; add additional petitions as needed

For those who are ill

For those with little access to healthcare

For healthcare workers

For those who feel isolated

For those who are in unsafe places

For those who are anxious or worried

For leaders facing difficult decisions

For those who continue to work in challenging settings

For those driven by greed or careless disregard

Reflect: Reflect on these questions. You may even be inspired to journal daily with these questions. Consider our resource [*Journaling: Create your own sacred writings.*](#)

Jesus calls us to love our neighbors as ourselves (*Matthew 22:39*).

How are you loving yourself today? What is your self-care strategy?

How are you loving your neighbor today?

For we will rejoice always, pray without ceasing and give thanks in all circumstances.

(*1 Thessalonians 5:16-18*).