



Shabbat Alone, Together

Friday night with OneTable is all about feeling good, and we're here to help you keep that magic of Shabbat, while protecting the health and safety of one another. We know that this is difficult and isolating – but we hope that anticipating Shabbat provides you with a moment to exhale.

OneTable Shabbat in the Time of COVID-19

Jewish tradition teaches that saving one life is tantamount to saving the entire world, and we take this teaching seriously. As such, we may be slower to fully “reopen” than some other organizations. After 3 months of social distancing, OneTable will now support the following options:

1. Solo Shabbat: [Post your dinner \(http://dinner.onetable.org\)](http://dinner.onetable.org) to be in community with other solo Shabbat hosts and qualify for Nourishment for one.
2. Shelter-in-Place Shabbat (with roommates)
3. Virtual Shabbats (including [OneTable Live \(https://onetable.org/2020/03/17/onetable-live/?fbclid=IwAR1dN_NVk7MVRHpMNoNB2TSR025f23KCVev8RT8qT7GvwjqOqJVvt5Z0nt4\)](https://onetable.org/2020/03/17/onetable-live/?fbclid=IwAR1dN_NVk7MVRHpMNoNB2TSR025f23KCVev8RT8qT7GvwjqOqJVvt5Z0nt4))
4. In-person dinners outdoors, in accordance with [Social Distancing Requirements. \(https://onetable.org/social-distancing/\)](https://onetable.org/social-distancing/) Here are [some of our favorite items \(https://onetable.org/2020/06/16/socialdistancepicnic/\)](https://onetable.org/2020/06/16/socialdistancepicnic/) you can get with Nourishment for an epic Shabbat dinner picnic.

Find out what we're hosting on OneTable Live each week [HERE \(https://onetable.org/2020/03/17/onetable-live/?fbclid=IwAR1dN_NVk7MVRHpMNoNB2TSR025f23KCVev8RT8qT7GvwjqOqJVvt5Z0nt4\)](https://onetable.org/2020/03/17/onetable-live/?fbclid=IwAR1dN_NVk7MVRHpMNoNB2TSR025f23KCVev8RT8qT7GvwjqOqJVvt5Z0nt4), and scroll through all the incredible virtual dinners our community has created [HERE \(https://dinner.onetable.org/virtual\)](https://dinner.onetable.org/virtual).

Reads & Resources



OneTable Live Event Calendar

We're hosting different live events each week, from Shabbat cooking classes, to Yoga Shabbats, virtual ritual, and more.



Shabbat Alone, Together: A Guide

Friday night is an invitation to elevate time and encounter joy. This guide can help you do that while alone, together.



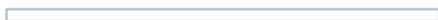
Creating #FridayNightMagic with Virtual Shabbat

Social distance doesn't mean Shabbat is canceled – here's how to keep it energizing and meaningful.



From Home Office to Shabbat Sanctuary

How do you create #fridaynightmagic at home if you're working... from home?



The Playlist

Whether you're prepping for Shabbat with your roomies or eating together on Zoom, make sure the jams help set the mood.

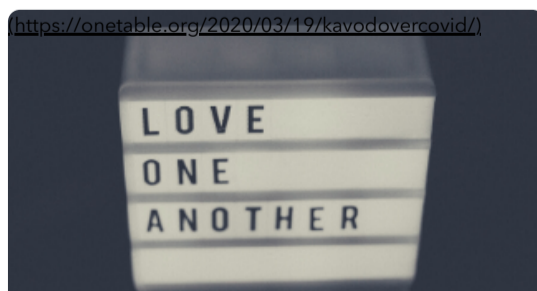


Shabbat Sounds

Our Friday night songs and blessings recorded just for you. Now's a great time to practice those Shabbat karaoke skills.



Closeness in the Time of Social Distance



Kavod > COVID: Transcending Distance with Human-ness



Some FriYay for You

We'll be pulling together good, light, interesting content for you to read, watch, listen to before

36 questions for your partner, your roommate, or yourself this Shabbat.

KAVOD ("respect" or "honor" in Hebrew) > COVID19. The math is simple.

Shabbat and that will fuel your Friday night convos.



The Great Esc: Ending Your Virtual Dinner

In a time when we don't have the physical cues of ending (finishing dessert or cleaning up) – how do we end our Friday night experience intentionally?



OneTable Zoom Backgrounds #TableGoals

Though we can't be spending Friday night lighting candles beachside or drinking in a rooftop soiree, that doesn't mean we can't *imagine* we are.



A Mindful Shabbat

Our mindfulness guide that can be used solo or in a group.

FAQ

- ✦ I'm canceling my event, how do I send my nourishment back?
- ✦ I'm trying to decide if I should cancel my event.
- ✦ How long will you be not allowing open dinners/following the current guidelines?
- ✦ I still want to get my crew together, we're essentially cohabitating. Is that cool?
- ✦ More questions?

Who We Are

OneTable's mission is to make Shabbat dinner accessible to tens of thousands of people who otherwise would be absent from Jewish community. OneTable provides hosts and guests with easily accessible tools and resources, making these rituals not only attainable, but sustainable.

Links

About Us (<https://onetable.org/about/>)
Become a Host (<https://onetable.org/become-a-host/>)
Code of Conduct: Hosts (<https://onetable.org/code-of-conduct-hosts/>) & Guests

Become A Partner

Are you a producer, chef, author, venue, Jewish organization, or any other business interested in engaging with our community? We'd love to hear from you.

(<https://onetable.org/code-of-conduct-guests/>)

Privacy Policy

(<https://onetable.org/privacy-policy/>) -

Terms & Conditions

(https://onetable.org/t_and_c/)

